



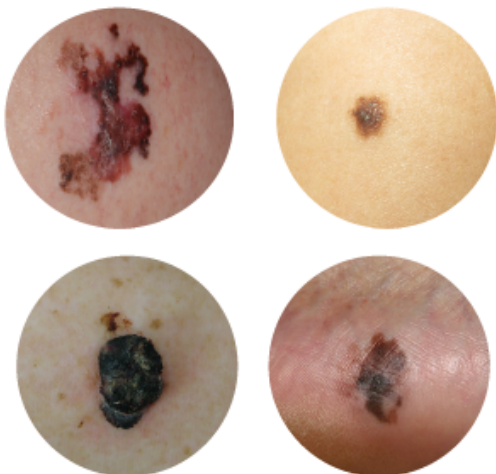
**Cancer  
Society**

Te Kāhui Matepukupuku  
o Aotearoa

# Check your skin and spot the difference

The first sign of skin cancer is often the change in size, shape or colour of a mole or freckle, or a new spot appearing.

**If detected early, most skin cancer can  
be successfully treated.**



*Photos DermNetNZ*

**Skin cancers can be found anywhere on  
your body and have many variations.**

**Get to know your skin so you notice any  
changes that may appear**

**Any change should be immediately  
checked by a GP or specialist**



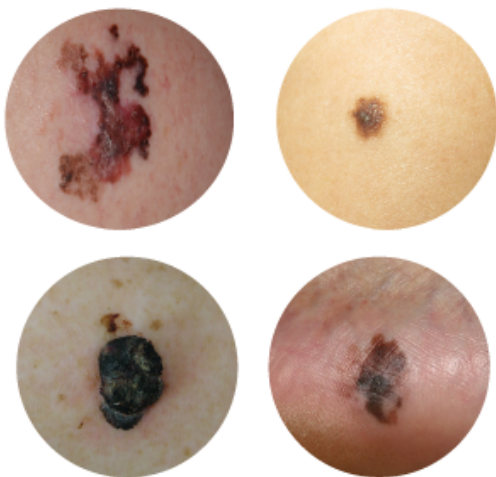
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Te Kāhui Matepukupuku  
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# Tirohia i tō kiri, a, kitea i te rerekētanga

Ko te tohu tuatahi o te matepukupuku kiri, ko te panoni o te rahi, te āhua, te tae rānei o tētahi ira, o tētahi kōpatapata rānei, tētahi kōiraira hou rānei kua puta.

**Ki te kitetia moatatia, ka āhei te  
whakamaimoa pai mai**



*Photos DermNetNZ*

Ka āhei hei kite i ngā matepukupuku kiri i te katoa o tōu tinana, he maha hoki ngā āhua rerekētanga.

**Me mōhio koe i tōu kiri, kia kitea ai i ngā  
rerekētanga tērā pea ka puta**

**Mehemea he rerekētanga, haere tōtika ki tōu  
rata, ki tētahi mātanga rānei**